Plans Offering a Point of Service Product		**Your share of premium**					
		Monthly		**Biweekly**			
State, plan name	**Location**	Self only	Self & family	Self only	Self & family	NCQA status	Top rated plans
Nationwide							
Postmasters	All states	58.87	129.44	27.17	59.74		
Arkansas							
American HMO	Most of Arkansas	39.42	117.43	18.19	54.20		
Colorado							
HMO Colorado/Nevada	Central/Eastern/Portions of W. CO	42.42	131.91	19.58	60.88	●	
Connecticut							
Oxford Health Plans	All of Connecticut	67.95	246.65	31.36	113.84	★	
Physicians Hlth Srvs/CT	All of Connecticut	105.45	331.37	48.67	152.94	★	☆
US Healthcare	All of Connecticut	80.08	288.54	36.96	133.17	●	
Delaware							
BACE	All of Delaware	42.80	96.31	19.75	44.45		
US Healthcare	All of Delaware	91.87	341.68	42.40	157.70		
District of Columbia							
BACE	Washington, DC area	42.80	96.31	19.75	44.45		
Chesapeake Health Plan	Washington, DC/most of Maryland	44.04	130.63	20.32	60.29	●	
Preferred Health Network	Washington, DC area	41.73	141.98	19.26	65.53		
Prudential Health HMO MidAtl	Washington, DC area	44.26	97.42	20.43	44.96	★	
US Healthcare	Washington, DC/suburban Maryland	54.69	174.24	25.24	80.42		
Georgia							
Blue Cross and Blue Shield-Std	Athens/Atl/Augusta/Col/Macon/Savannah	44.94	108.40	20.74	50.03		
HealthSource of Georgia	Atlanta/Macon/Augusta/Rome/Columbus area	44.01	235.82	20.31	108.84		
Guam							
Health Maintenance Life	Guam	31.29	93.65	14.44	43.22		☆
Hawaii							
HMSA	All of Hawaii	44.33	119.93	20.46	55.35		☆
Illinois							
American HMO	Chicago area/Central/South/Western IL	41.80	96.14	19.29	44.37		
Indiana							
American HMO	Northwest Indiana	41.80	96.14	19.29	44.37		
Louisiana							
Advantage Health Plan	Baton Rouge/Lafayette areas	39.26	114.16	18.12	52.69		
Advantage Health Plan	New Orleans/Houma areas	36.31	93.99	16.76	43.38		
Maxicare Louisiana	Baton Rouge/New Orleans areas	38.98	90.72	17.99	41.87		
SmartPlan	Baton Rouge/New Orleans/Lafayette	36.92	95.68	17.04	44.16		
Maryland							
BACE	All of Maryland	42.80	96.31	19.75	44.45		

% satisfied with plan			% rating the plan or care excellent, very good, and good														Telephone number	Enrollment code	
			General Categories						Specific items										
% Somewhat satisfied	% Somewhat and very satisfied	% Somewhat, very and extremely satisfied	Access to care	Quality of care	Doctors available	Coverage	Info., customer service, paperwork	Thoroughness and competence of provider	Results of care	Explanation of care	Getting appointment when sick	Access to care in an emergency	Convenience of doctor's hours	Choice of specialists	Ability to see same doctor on most visits	Choice of primary care doctors		Self only	Self & family
Nationwide																			
17	60	85	97	96	79	84	84	96	93	90	87						703/683-5585	364	365
Arkansas																			
22	60	81	89	86	80	85	84	88	86	86	87	85	87	73	88	77	1-800/333-3534	RB1	RB2
Colorado																			
13	57	83	90	90	87	84	80	93	90	87	86	91	90	73	88	87	800/533-5643	L21	L22
Connecticut																			
																	1-800/445-8887	ZW1	ZW2
22	78	95	96	96	92	90	95	95	93	91	93	93	97	93	96	94	1-800/848-4747	DP1	DP2
16	65	88	89	86	78	92	88	89	84	87	84	86	91	72	92	71	1-800/537-9384	H11	H12
Delaware																			
6	43	69	87	89	74	82	76	92	88	85	81						301/881-0510	YD1	YD2
13	58	88	89	87	83	94	85	89	88	85	81	83	84	74	91	70	1-800/537-9384	NK1	NK2
District of Columbia																			
6	43	69	87	89	74	82	76	92	88	85	81						301/881-0510	YD1	YD2
14	56	80	83	80	74	86	78	83	80	79	74	84	86	62	80	73	410/539-8484	BL1	BL2
																	410/747-3539	4P1	4P2
14	60	82	85	84	81	87	83	90	84	86	79	80	86	75	85	76	1-800/888-5447	JB1	JB2
17	61	80	87	86	79	90	84	89	85	87	80	79	86	74	89	76	1-800/537-9384	US1	US2
Georgia																			
																	1-800/282-2473	104	105
																	1/800/253-7057	7H1	7H2
Guam																			
11	59	91	82	79	76	83	77	87	80	81	72	77	87	69	77	80	671/646-7826	281	282
Hawaii																			
15	61	91	94	89	93	81	82	90	89	92	90	94	92	93	93	94	808/948-6499	871	872
Illinois																			
																	1-800/242-7460	AC1	AC2
Indiana																			
																	1-800/242-7460	AC1	AC2
Louisiana																			
																	800/203-9019	2A1	2A2
																	800/203-9019	1A1	1A2
15	55	77	81	83	78	83	77	89	84	84	65	81	87	67	85	76	1-800/933-6294	JA1	JA2
																	1-800/259-7370	9S1	9S2
Maryland																			
6	43	69	87	89	74	82	76	92	88	85	81						301/881-0510	YD1	YD2

Plans Offering a Point of Service Product		**Your share of premium**					
		Monthly		**Biweekly**			
State, plan name	**Location**	Self only	Self & family	Self only	Self & family	NCQA status	Top rated plans
Maryland *(continued)*							
Chesapeake Health Plan	Most of Maryland/Washington, DC	44.04	130.63	20.32	60.29	●	
Columbia Medical Plan	Central Maryland	62.34	210.69	28.77	97.24	★	
Free State Health Plan	All of Maryland	43.83	108.31	20.23	49.99	★	
Preferred Health Network	Most of Maryland	41.73	141.98	19.26	65.53		
Prudential Health HMO MidAtl	Most of Maryland	44.26	97.42	20.43	44.96	★	
US Healthcare	Most of Maryland	54.69	174.24	25.24	80.42		
Massachusetts							
Blue Cross and Blue Shield-Std	All of Massachusetts	44.94	108.40	20.74	50.03		
Coordinated Health Partners	Southeastern Massachusetts	37.85	96.90	17.47	44.72		☆
United HPs Of New England	All of Massachusetts	47.60	148.61	21.97	68.59		☆
US Healthcare	Central/Eastern MA/Hampden	57.81	230.84	26.68	106.54	●	
Nebraska							
GEHA	Omaha area	55.19	120.29	25.47	55.52		☆
Nevada							
Health Plan of NV	Las Vegas/Reno areas	37.17	87.35	17.15	40.32	⊗	
HMO Colorado/Nevada	Las Vegas/Reno area	39.25	93.75	18.11	43.27	●	
New Hampshire							
US Healthcare	Chshre/Hllsbrgh/Rcknghm/Stafford Cos.	117.74	421.16	54.34	194.38		
New Jersey							
Blue Cross and Blue Shield-Std	All of New Jersey	44.94	108.40	20.74	50.03	●	
GHI Health Plan	Northern New Jersey	78.09	201.37	36.04	92.94		
US Healthcare - Std	All of New Jersey	40.33	129.94	18.61	59.97	★	
New Mexico							
HMO New Mexico	Most of New Mexico	35.27	91.00	16.28	42.00		
Presbyterian Health Plan	Most of New Mexico	36.41	95.46	16.80	44.06		
New York							
GHI Health Plan	All of New York	78.09	201.37	36.04	92.94		
Oxford Health Plans	NY City/LI/Ornge/Putnm/Rocklnd/Westchstr	64.94	236.17	29.97	109.00	★	☆
Physicians Hlth Srvs of NY	NY City/Dtchss/Ornge/Putnm/Rklnd/Wstchst	97.42	317.68	44.96	146.62		
Ohio							
Blue Cross and Blue Shield-Std	Cincinnati area	44.94	108.40	20.74	50.03	★	
HealthFirst, Inc.	North Central Ohio	42.45	141.27	19.59	65.20		
QualChoice Health Plan	Northeastern Ohio	37.90	94.77	17.49	43.74		
Oklahoma							
Blue Cross and Blue Shield-Std	Lawton/OK City/Tulsa & surrounding areas	44.94	108.40	20.74	50.03		

% satisfied with plan			% rating the plan or care excellent, very good, and good														Telephone number	Enrollment code	
			General Categories						Specific items										
% Somewhat satisfied	% Somewhat and very satisfied	% Somewhat, very and extremely satisfied	Access to care	Quality of care	Doctors available	Coverage	Info., customer service, paperwork	Thoroughness and competence of provider	Results of care	Explanation of care	Getting appointment when sick	Access to care in an emergency	Convenience of doctor's hours	Choice of specialists	Ability to see same doctor on most visits	Choice of primary care doctors		Self only	Self & family
Maryland *(continued)*																			
14	56	80	83	80	74	86	78	83	80	79	74	84	86	62	80	73	410/539-8484	BL1	BL2
21	69	86	88	87	85	95	89	89	89	84	81	93	91	79	88	85	410/964-2299	671	672
14	66	85	85	86	76	89	85	90	87	85	77	81	85	66	86	79	800/445-6036	LD1	LD2
																	410/747-3539	4P1	4P2
14	60	82	85	84	81	87	83	90	84	86	79	80	86	75	85	76	1-800/888-5447	JB1	JB2
17	61	80	87	86	79	90	84	89	85	87	80	79	86	74	89	76	1-800/537-9384	US1	US2
Massachusetts																			
																	1-800/433-7766	104	105
12	65	92	93	90	92	88	90	92	92	90	87	87	91	91	95	89	401/459-5500	DA1	DA2
19	76	92	93	96	95	89	91	97	93	93	89	93	95	91	96	96	1-800-422-1404	VF1	VF2
22	67	85	92	91	82	89	82	93	87	92	91	85	95	75	89	82	1-800/537-9384	NE1	NE2
Nebraska																			
21	71	92	93	88	75	86	89	94	89	89	87						1-800/821-6136	311	312
Nevada																			
10	48	73	77	74	70	78	77	79	75	76	69	78	87	54	78	69	702/871-0999	NM1	NM2
																	1-800/438-5270	VS1	VS2
New Hampshire																			
																	1-800/537-9384	UJ1	UJ2
New Jersey																			
																	1-800/624-5078	104	105
13	55	85	93	91	80	76	78	93	90	92	86	88	94	76	90	79	1-201/623-6000	801	802
13	59	82	89	83	86	84	90	89	83	84	84	89	90	78	89	81	1-800/537-9384	P34	P35
New Mexico																			
																	505/261-6939	5H1	5H2
20	63	82	85	85	83	84	82	89	84	87	74	92	88	79	86	79	505/823-0000	W81	W82
New York																			
13	55	85	93	91	80	76	78	93	90	92	86	88	94	76	90	79	1-212/501-4444	801	802
26	68	90	91	91	87	88	87	93	91	91	85	91	86	86	94	89	1-800/445-8887	GC1	GC2
																	1-800/848-4747	PD1	PD2
Ohio																			
																	1-888/818-4767	104	105
																	1-800/858-1472	RF1	RF2
																	216/460-0670	1Q1	1Q2
Oklahoma																			
																	1-800/722-3130	104	105

Plans Offering a Point of Service Product		**Your share of premium**					
		Monthly		**Biweekly**			
State, plan name	**Location**	Self only	Self & family	Self only	Self & family	NCQA status	Top rated plans
Pennsylvania							
Free State Health Plan	Southern PA	43.83	108.31	20.23	49.99	★	
Geisinger Health Plan	Central/Northeastern Pennsylvania	30.24	93.70	13.96	43.24	★	
Oxford Health Plans	Philadelphia area	44.08	189.43	20.34	87.43		
US Healthcare - Std	Philadelphia area	39.44	122.70	18.20	56.63	★	
US Healthcare - Std	Pittsburgh/Harrisburg/Northeastern PA	39.63	126.43	18.29	58.35	★	
Puerto Rico							
PCA Health Plans/Puerto Rico	All of Puerto Rico	33.89	90.50	15.64	41.77		
Triple-S	All of Puerto Rico	43.94	94.38	20.28	43.56		
Rhode Island							
Coordinated Health Partners	All of Rhode Island	37.85	96.90	17.47	44.72		☆
United HPs Of New England	All of Rhode Island	47.60	148.61	21.97	68.59		☆
US Healthcare	All of Rhode Island	45.52	200.03	21.01	92.32		
Texas							
HMO Texas, L.C.	Houston/Beaumont areas	38.82	96.86	17.92	44.70		
Virginia							
BACE	All of Virginia	42.80	96.31	19.75	44.45		
Chesapeake Health Plan	Northern Virginia	44.04	130.63	20.32	60.29	●	
Prudential Health HMO MidAtl	Washington, DC area/Spotsvania/Stafford	44.26	97.42	20.43	44.96	★	
West Virginia							
BACE	All of West Virginia	42.80	96.31	19.75	44.45		
Free State Health Plan	Northeastern West Virginia	43.83	108.31	20.23	49.99	★	

% satisfied with plan			% rating the plan or care excellent, very good, and good														Telephone number	Enrollment code	
			General Categories						Specific items										
% Somewhat satisfied	% Somewhat and very satisfied	% Somewhat, very and extremely satisfied	Access to care	Quality of care	Doctors available	Coverage	Info., customer service, paperwork	Thoroughness and competence of provider	Results of care	Explanation of care	Getting appointment when sick	Access to care in an emergency	Convenience of doctor's hours	Choice of specialists	Ability to see same doctor on most visits	Choice of primary care doctors		Self only	Self & family
Pennsylvania																			
14	66	85	85	86	76	89	85	90	87	85	77	81	85	66	86	79	800/445-6036	LD1	LD2
16	71	85	90	90	85	85	88	92	88	91	82	88	92	76	78	84	717/271-8760	N91	N92
																	1-800/445-8887	3W1	3W2
11	53	82	84	81	85	81	88	87	82	81	80	82	86	83	91	82	1-800/537-9384	SU4	SU5
																	1-800/537-9384	KL4	KL5
Puerto Rico																			
																	809/282-7900	5P1	5P2
23	74	88	87	88	92	86	81	94	87	89	76	83	85	91	94	95	787/749-4777	891	892
Rhode Island																			
12	65	92	93	90	92	88	90	92	92	90	87	87	91	91	95	89	401/459-5500	DA1	DA2
19	76	92	93	96	95	89	91	97	93	93	89	93	95	91	96	96	1-800-422-1404	VF1	VF2
																	1-800/537-9384	5U1	5U2
Texas																			
																	1-713/952-6868	2T1	2T2
Virginia																			
6	43	69	87	89	74	82	76	92	88	85	81						301/881-0510	YD1	YD2
14	56	80	83	80	74	86	78	83	80	79	74	84	86	62	80	73	410/539-8484	BL1	BL2
14	60	82	85	84	81	87	83	90	84	86	79	80	86	75	85	76	1-800/888-5447	JB1	JB2
West Virginia																			
6	43	69	87	89	74	82	76	92	88	85	81						301/881-0510	YD1	YD2
14	66	85	85	86	76	89	85	90	87	85	77	81	85	66	86	79	800/445-6036	LD1	LD2

Plans Offering a Point of Service Product	In Network You Pay				Out of Network You Pay				
	Outpatient visits		In-hospital care		Calendar year deductible (per person/ family)	Out-patient visits	In-hospital care		
State, plan name	Copay/ coinsurance	Deductible	Copay/ coinsurance	Per admission deductible		Copay/ coinsurance	Copay/ coinsurance	Per admission deductible	Plan code
Nationwide									
Postmasters	$20	None	None	$100	$500/$1000	30%	30%	$600	36
Arkansas									
American HMO	$5	None	None	None	$200/$600	30%	30%	None	RB
Colorado									
HMO Colorado/Nevada	$10	None	$200	None	$250/$500	30%	30%	None	L2
Connecticut									
Oxford Health Plans	$10	None	None	None	$200/$400	20%	20%	None	ZW
Physicians Hlth Srvs/CT	$10	None	None	None	$300/$750	20%	20%	None	DP
US Healthcare	$5	None	None	None	$300/$900	30%	30%	None	H1
Delaware									
BACE	None	None	None	$150	$250/$500	30%	10%	None	YD
US Healthcare	$5	None	None	None	$300/$900	30%	30%	None	NK
District of Columbia									
BACE	None	None	None	$150	$250/$500	30%	10%	None	YD
Chesapeake Health Plan	$5	None	None	None	$250/$750	20%	20%	None	BL
Preferred Health Network	$10	None	None	None	$200/$600	20%	20%	None	4P
Prudential Health HMO MidAtl	$5	None	None	None	$150/$300	30%	30%	None	JB
US Healthcare	$5	None	None	None	$300/$900	30%	30%	None	US
Georgia									
Blue Cross and Blue Shield-Std	$5	None	None	None	$200/$400	25%	None	$250	10
HealthSource of Georgia	$5	None	None	None	$300/$600	30%	30%	None	7H
Guam									
Health Maintenance Life	None	None	None	None	None	20%	Not Covered		28
Hawaii									
HMSA	20%	None	None	None	$250/NA	30%	30%	None	87
Illinois									
American HMO	None	None	None	None	$200/$600	30%	30%	None	AC
Indiana									
American HMO	None	None	None	None	$200/$600	30%	30%	None	AC
Louisiana									
Advantage Health Plan	$10	None	None	None	$300/$900	30%	30%	None	2A
Advantage Health Plan	$10	None	None	None	$300/$900	30%	30%	None	1A
Maxicare Louisiana	$5	None	None	None	$200/$600	20%	20%	None	JA
SmartPlan	$5	None	$100	None	$300/$600	None	30%	$250	9S
Maryland									
BACE	None	None	None	$150	$250/$500	30%	10%	None	YD

Plans Offering a Point of Service Product State, plan name	In Network You Pay				Out of Network You Pay				Plan code
	Outpatient visits		In-hospital care		Calendar year deductible (per person/ family)	Out-patient visits	In-hospital care		
	Copay/ coinsurance	Deductible	Copay/ coinsurance	Per admission deductible		Copay/ coinsurance	Copay/ coinsurance	Per admission deductible	
Maryland *(continued)*									
Chesapeake Health Plan	$5	None	None	None	$250/$750	20%	20%	None	BL
Columbia Medical Plan	$5	None	None	None	$250/$500	20%	20%	None	67
Free State Health Plan	$5	None	None	None	$200/$400	20%	20%	$200	LD
Preferred Health Network	$10	None	None	None	$200/$600	20%	None	None	4P
Prudential HlthCare HMO MidAtl	$5	None	None	None	$150/$300	30%	30%	None	JB
US Healthcare	$5	None	None	None	$300/$900	30%	30%	None	US
Massachusetts									
Blue Cross and Blue Shield-Std	$5	None	None	None	$200/$400	25%	None	$250	10
Coordinated Health Partners	$5	None	None	None	$250/$500	20%	20%	None	DA
United HPs Of New England	$10	None	None	None	$200/$400	20%	20%	None	VF
US Healthcare	$5	None	None	None	$300/$900	30%	30%	None	NE
Nebraska									
GEHA	$5	None	$75	None	$175/$350	20%	20%	None	31
Nevada									
Health Plan of Nevada	$5	None	$100	None	$250/$750	20%	20%	None	NM
HMO Colorado/Nevada	$10	None	$200	None	$250/$500	30%	30%	None	VS
New Hampshire									
US Healthcare	$5	None	None	None	$300/$900	30%	30%	None	UJ
New Jersey									
Blue Cross and Blue Shield-Std	$5	None	None	None	$200/$400	25%	None	$250	10
GHI Health Plan	None	None	None	None	None	50%	50%	None	80
US Healthcare-Std	$10	None	None	None	$300/$900	30%	30%	None	P3
New Mexico									
HMO New Mexico	$10	None	$250	None	$500/$1000	30%	30%	None	5H
Presbyterian Health Plan	$5	None	None	None	$250/$750	30%	30%	None	W8
New York									
GHI Health Plan	None	None	None	None	None	50%	50%	None	80
Oxford Health Plans	$10	None	None	None	$200/$400	20%	20%	None	GC
Physicians Hlth Srvs of NY	$10	None	None	None	$300/$750	20%	20%	None	PD
Ohio									
Blue Cross and Blue Shield-Std	$5	None	None	None	$200/$400	25%	None	$250	10
HealthFirst	$5	None	None	None	$250/$500	20%	20%	None	RF
QualChoice Health Plan	$10	None	None	None	$300/$600	30%	30%	None	1Q
Oklahoma									
Blue Cross and Blue Shield-Std	$5	None	None	None	$200/$400	25%	None	$250	10

Plans Offering a Point of Service Product	In Network You Pay				Out of Network You Pay				
	Outpatient visits		In-hospital care		Calendar year deductible (per person/ family)	Out-patient visits	In-hospital care		
State, plan name	Copay/ coinsurance	Deductible	Copay/ coinsurance	Per admission deductible		Copay/ coinsurance	Copay/ coinsurance	Per admission deductible	Plan code
Pennsylvania									
Free State Health Plan	$5	None	None	None	$200/$400	20%	20%	$200	LD
Geisinger Health Plan	$10	None	None	None	$250/$750	20%	20%	None	N9
Oxford Health Plans	$10	None	None	None	$200/$400	20%	20%	None	3W
US Healthcare - Std	$10	None	None	None	$300/$900	30%	30%	None	SU
US Healthcare - Std	$10	None	None	None	$300/$900	30%	30%	None	KL
Puerto Rico									
PCA Health Plans/Puerto Rico	$5	None	None	None	$100/$300	$8	None	$50	5P
Triple-S	None	None	None	None	None	10%	10%	None	89
Rhode Island									
Coordinated Health Partners	$5	None	None	None	$250/$500	20%	20%	None	DA
United HPs Of New England	$10	None	None	None	$200/$400	20%	20%	None	VF
US Healthcare	$5	None	None	None	$300/$900	30%	30%	None	5U
Texas									
HMO Texas, L.C.	$5	None	None	None	$500/$1500	30%	30%	None	2T
Virginia									
BACE	None	None	None	$150	$250/$500	30%	10%	None	YD
Chesapeake Health Plan	$5	None	None	None	$250/$750	20%	20%	None	BL
Prudential Health HMO MidAtl	$5	None	None	None	$150/$300	30%	30%	None	JB
West Virginia									
BACE	None	None	None	$150	$250/$500	30%	10%	None	YD
Free State Health Plan	$5	None	None	None	$200/$400	20%	20%	$200	LD